

Welcome to **Padova**

General information

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Welcome to Padova

First Section: TRAVELLING TO PADOVA

TRAIN

Padua (*Padova*) is situated in the *Veneto* Region, in the North East of Italy. The railway station is connected with all main cities of Italy and Europe. There are two train companies:

Trenitalia:

It is the main company in Italy and it offers many trains with different costs.

There are regional trains, they are identified on schedule with an “R” (it stops at all stations) or “RV” (fast regional train passes through main stops).

You can check on this website:

<https://www.trenitalia.com/>

Italo:

It is a more recent train company and it offers only fast trains. It connects the main cities of Italy. So there are less trains but some are cheaper than Trenitalia.

You can check on this website:

www.italotreno.it

The cost of the tickets is variable, if you buy the ticket in advance you can have some discounts.

Important: you can get a free map of Padova at the Tourist Office inside the railway station

BUS

There is the option to travel by **Flixbus** (a low cost bus service) within Italy and from Italy to Europe. Often it is cheaper than trains.

Here is the website:

www.flixbus.it

AIR TRAVEL

The closest International Airport to Padova is **Venezia Marco Polo (VCE)**. For more detailed information you can visit

<https://www.veneziaairport.it/en/>

From Venezia Marco Polo Airport to Padua:

FS BUSITALIA SERVICE

Buses depart every 40 min from Venice airport and reach Padova Railway Station in about 45 minutes.

For the schedule

<https://www.fsbusitalia.it/eng/tourism/airport-connection-services/link-to-venice-airport.html>

ATVO – VENICE AIRPORT BUS EXPRESS

You can take ATVO buses from Venice Marco Polo Airport to Venezia Mestre Railway Station and take a train from Venezia Mestre to Padova

Website: <http://www.atvo.it/it-venice-airport.html>

AIR SERVICE SHUTTLE

It is a private service from 44€/person

You can book your travel on this website

<https://www.airservicepadova.it/en/>

Other airports close to Padova are **Treviso** Canova Airport (TSF) https://www.trevisoairport.it/en_gb/

and **Bologna** Guglielmo Marconi (BLQ). <https://www.bologna-airport.it>

BY CAR

From Milan (*Milano*):

Highway Milano-Venezia (A4): exit *Padova Est* and then follow the indication for the City Center (*centro*).

From Bologna - Florence (*Firenze*)- Rome (*Roma*):

Highway to Venezia (A13): exit *Padova Sud*, then follow indication for the City Center (*centro*).

Park Car at the city center:

Padova Centro Park 1,20€/h – 24h/24h

address: *via Trieste 50, 35121 Padova*

This is the most comfortable solution because there's a lot of park blocks and it's very closed to the center (10 minutes by feet) and to the railway station (10 minutes by feet). There is also the possibility to rent a block.

You can pay by cash and cards (VISA, MASTERCARD, AMERICAN EXPRESS, PAYPAL, POSTEPAY) at the machine.

For every information you can visit the website (it's only in Italian language):

<http://www.veniceparking.it/it-IT/find-parking/Padova%20Centro%20Park/>

Corso Milano 1,80€/h - after 8 pm is free

near the *Teatro Verdi* (Verdi's Theatre)

PAY ATTENTION! The Padua's historical center is off by car from 6.00 am to 8.00 pm.

It is a ZTL (*zona a traffico limitato*/ limited traffic zone) zone.

HOW TO ARRIVE TO HELIKOS STUDIO

From the railway station to **Helikos Studio** (via Monte Solarolo 16/A):

take the bus n. 6 direction "via Lagrange" (on Sunday n. 41) and stop *Milazzo*.

Bus frequency- approximately every 20 minutes.

trip - 15 minutes

Second Section: HOUSING AND ACCOMMODATIONS IN PADOVA

There are two info points/tourist offices:

1. Inside the railway station "Ufficio Informazioni Turistiche"
2. In the historical centre, behind "Caffè Pedrocchi"

Address: [Vicolo, Piazzetta Cappellato Pedrocchi, 9, 35122 Padova PD](https://www.comune.padova.it/uffici/uffici-turistiche)

ACCOMMODATION

Over the last years, participants to Helikos workshops and training have stayed in Padova. Thanks to them we have a list of housing options whose owners are available to be contacted directly by our students. Please write to Marta Piccolo at marta.piccolo@helikos.com if you are interested in this option.

Otherwise here are some resources:

The easiest solution for temporary staying is **Airbnb**
<https://www.airbnb.it/>

<https://www.uniplaces.com/>

<https://apartments.studentsville.it>

<https://housinganywhere.com/?noredirect=1>

Rooms for rent: in Italian

<https://padova.bakeca.it/annunci/offro-camera/>

HOSTELS

<https://www.hostelworld.com/>

Residenza IRPEA (IRPEA'S Residence)

Casa Vanzo

They give single rooms, double rooms, mini apartments they are closed to Helikos Studio.

<https://www.residenzeirpea.it/>

AFFORDABLE HOTELS

<https://www.booking.com/>

<https://www.opodo.it/>

• Hotel EDEN *

address: *via C. Battisti, 255*
tel/fax +39 049/650484;
mail: info@hoteledenpadova.it
www.hoteledenpadova.it

• Hotel DANTE *

address: *via San Polo, 5*
tel/fax + 39 049/8760408;
mail: hotel.dante@virgilio.it

- Hotel SANT'ANTONIO **

address: *via S. Fermo 118*

fax + 39 049/8752508;

free Wi-Fi

mail: info@hotelsantantonio.it

- CASA DEL PELLEGRINO **

address: *via Cesarotti, 21*

fax +39 049/8239780;

<http://www.casadelpellegrino.com/it/>

mail: info@casadelpellegrino.com

If you need further information, you can visit the web site:

<http://www.turismopadova.it/>

SUGGESTED BUDGET

According to the experience of participants of our previous workshops who staid in Padova for periods of one month or more, we recommend that you budget a minimum of € 1.000/for accommodation and food in Padova. If your budget is really tight you might be able to reduce even further: like sharing a room with others and preparing all of your meals at home or at the studio. Some have managed to go as tight as €600. It is possible with some rigor and with the support of others with similar needs.

We recommend to have some available budget also to take advantage of the time off visiting Padova and the surrounding areas of Italy, or taking a trip to other cities. There are some wonderful locations to enjoy.

Third Section: LIFE IN PADUA

**Helikos Studio:
via Monte Solarolo 16/A, PADOVA**

Here there are a few information about what you might need during your staying in Padova.

EMERGENCY NUMBERS

Take note of your address before you call

113 - POLICE

118 - AMBULANCE

115 - FIRE FIGHTERS

112 - CARABINIERI

CALLING A TAXI

<https://www.taxipadova.it/home/>

In Padua Taxi stands at railway station and at Piazza Garibaldi (Garibaldi's Square).

It's also possible to call a Taxi service directly by dialing one of the following phone number

call center 049 651333 24h/24h

or send a message to 33.88.44.2000

or with the App: AppTaxi (free download for App Store and Google Play)

If you are lucky, you can wave at a taxi from the side of the road, but they are not so frequent.

You can pay on board by cash and cards (not all cars have the American Express service)

PAY ATTENTION. If you choose to pay by card you have to ask them when you call Taxi

PUBLIC TRANSPORTATION

<http://www.fsbusitaliaveneto.it/>

Padua has buses and one line of tram service.

The tram doesn't serve the whole city, but just a North/South line.

However there are several bus lines serving the entire city.

Prices for bus/tram ticket:

- single track 1,30€ and it shall be valid for 75 minutes
- 10 urban tickets carnet unit cost business carnet 1,20€
- 3 months bus/tram pass 103,00€ . You can buy it at the railway station, outside the station, in front of the entrance, there is a ticket office: it's a small building and it looks like an iron cube.

You can buy the ticket at any tobacconist (*tabaccherie*) or on board (2,00€) or at the ticket machine at the tram's stop.

For schedules you can visit:

<http://www.turismopadova.it/en/basic-page/urban-transport>

For any other information you can also visit:

<http://www.fsbusitaliaveneto.it/index.php/offerta/titoli-di-viaggio-e-tariffe-abbonamenti/biglietti-e->

[abbonamenti-urbani-padova/biglietti-urbani](#)

THERE'S THE APP! You can download the app BUSITALIA VENETO on your smart phone. It's free for App Store, Google Play and Windows Store. On the app you have every buses and tram schedules. It's only in Italian language.

BICYCLES

Padua is not a big town so the best way to move around is by bicycle. In Padua everybody has a bike, because it is quick, ecological and you can beat the traffic.

These are some rental bike stores address:

E-GARAGE di Grigoletto Emanuele

Address: Via S. Pietro, 118 – Padova Tel.: 3474307151

www.egaragebikerental.com

Note: Home delivery of City bike. Hire bike for long period you must have valid credit card, valid document (passport) and you give them the 80%/tot

FOREVER BIKE Padova

- Address: Via N. Pizzolo, 13 - (zona arcella) stop tram *Dazio*

Tel. 049 7386223

- Address: Via A. Costa, 1 zona S. Croce – stop tram *S. Croce*

Tel: 049 2131801

- Address: Via Facciolati, 22 zona Ospedali – stop bus *Ponte Corvo*

Tel.: 049 9817230

- Address: Via Vicenza, 29 zona Chiesanuova – stop bus *Savona*

Tel.: 049 8717574

Website: <https://www.foreverbike.com/index.php/servizi/noleggio-bici>

e mail: info@foreverbike.com

Note: Hire and repair. In order to rent a bike you need to fill out some documents at the shop.

BIKE SHARING

<https://www.turismopadova.it/en/getting-around-padua/bike-sharing/>

RIDEMOVI

You can download the app here

<https://www.ridemovi.com/>

GOODBIKE PADOVA

<http://www.goodbikepadova.it>

If you need a bike for a longer period

Or check this atelier, very close to the Helikos Studio: **Ciclofficina La Mente Comune**

Via Cristoforo Moro, 4, 35141 Padova PD

<http://www.lamentecomune.it/>

Helikos students have successfully bought second –hand bicycles here and then sold them back at the end of their staying.

This Bicycle shop, very close to Helikso Studio also sells second hand bicycles with the option of buying them buying them back: **BICI MOSCONI, Via Palestro, 49, 35143 Padova PD**

Also, any university students live in Padua for a short period, buy a bicycle and then they sell it when they don't need it anymore. Look for announces on the boards in the different University buildings.

LAUNDROMAT: self service in the city centre

Lavanderia Self Service
Piazzale Firenze 21, PADOVA

La Va Mi di Voltan Miranda
Via Marsala, 22 - 35122 Padova (PD)

Lavanderia Self Service Fast Clean
Via Ognissanti, 4 - 35129 Padova (PD)

Fourth Section SHOPPING

Supermarkets (Supermercati)

The supermarket brands that you will find are:

Alì, Despar, Pam, Conad, Coop, Lando, Auchan
(medium cost)

And the discount

In's, Lidl, LD, MD
(low cost)

Health Food Stores

Usually, in every supermarket you can find a selection of organic products (*prodotti biologici*). There are also health food stores, which can be considerably more expensive, but they have a great selection of great food.

The closest one is:

El Tamiso, Sotto il Salone 28, 35122 Padova

Giardino del Sole Srl - Prodotti Biologici (closed on Sunday)

Sotto il Salone 18 - 35122 Padova (PD)

NaturaSi (closed on Sunday)

Via Volturno 1 – 35138 Padova (PD) *bus n. 10 – 6 (it is near Helikos Office)*

Via Padova 73 – Selvazzano Dentro (PD) *bus n. 12*

Via della Provvidenza, 60, 35030 Sarameola di Rubano (PD) *bus n. 10*

Food Markets and special weekly markets (Mercati)

- Piazza delle Erbe

every morning (from Monday to Saturday)

You will find only fruits and vegetables.

- Piazza della Frutta

every morning (from Monday to Saturday)

You will find clothes, bags.

- Piazza dei Signori

every morning (from Monday to Saturday)

You will find clothes and housewares.

Prato della Valle

- small market every morning with fruits and vegetables (from Monday to Saturday)
- very big market on all square, you will find everything! Fruits, vegetables, clothes, shoes, bags, flowers, plants, bike changes,... (every Saturday morning)

Shopping Mall (Centro Commerciale)

In Padua there are two important shopping malls where you find supermarket, clothes store, shoes store, library, fast food, restaurants,...

1. Ipercity

address: *Via Giovanni Verga, 1, 35020 Albignasego PD*

<https://goo.gl/maps/vLGjLzhUFegnsesv6>

By Bus

Take n. 24 – 43 stop *Verga Ipercity*

2. Le Brentelle

address: *Via della Provvidenza, 1, 35030 Rubano PD*

<https://goo.gl/maps/zaMsWEZ7Kam4N1i3A>

By Bus

Take n. 10 stop *Tre Ponti*

SECOND HAND SHOPS

Here is a list of second hand shops in town, on the cheaper side of the scale. They are all at a bike ride distance from HELIKOS. Mostly in the north/east side of town, near the University area. They will come handy when we hunt for costumes.

Angoli di Mondo Padova - *Riviera Tito Livio, 46*, <http://www.angolidimondo.it/>

Angoli di Mondo Arcella - *Via Jacopo da Montagnana, 17, 35132 Padova PD*

Angoli di Mondo Madonna Pellegrina- *Via Barroccio dal Borgo, 10, 35124 Padova PD*

BLASCO - *Via Giotto, 10, 35121 Padova PD*

Caleba' - Mani Tese Cooperativa Sociale - *Via Ognissanti, 37, 35131 Padova PD*

<https://www.manitese.it/chi-siamo/federazione-mani-tese/cooperativa-sociale-mani-tese/sede-padova/>

Charity Shop Di Padova Hospitable - *Via Francesco Marzolo, 15, 35131 Padova PD*

Charity Shop *Via Lovarini 13 Padova*

Charity Shop Piazza Caduti della Resistenza, *Piazza Caduti della Resistenza, 5, 35138 Padova PD*

Second Hand Padua - *Via del Santo, 65, 35123 Padova PD*

Secondhand Storehouse-*Via Giordano Bruno, 94, 35124 Padova PD*

Second Life - *Via Lorenzo Perosi, 100, 35133 Padova PD*

There are also other more trendy and expensive, which usually have the name VINTAGE in their title. You can find them online.